



# CATCH *the* SPIRIT

A Publication of One Spirit United Methodist Church  
March/April 2017

## The Hope and Newness of Lent

*If you really change your ways and your actions and deal with each other justly, if you do not oppress the alien, the fatherless or the widow and do not shed innocent blood in this place, and if you do not follow other gods to your own harm, then I will let you live in this place, in the land I gave your forefathers for ever and ever.*

*Jeremiah 7:5-7 (NIV)*

I am grateful and joyous to be writing to you as we enter in to the Lenten season. Both Spring and Lent signal change: the former in nature, the latter in *human* nature. Indeed, this Christian season of Lent asks us; nay, affords us the opportunity, to jettison our frailties, our fears, our regrets, and anything else that holds us back from Godly joy. When Christ died on that Cross, He took on our pain and our failings and they died with Him. What rose three days later was only life. When we look to that life, to hope, to newness, and not upon the rotted detritus of sin and darkness, we begin our own change in to new life just as the season around us does the same. How grateful we are for this reality.

It is also with gratitude and optimism that I want to briefly discuss the upcoming schedule change. Beginning Sunday, March 5, 2017, we will return to a schedule that may be familiar for some and new for others. Our Traditional Worship will be at 9:00 AM, Sunday School classes at 10:00 AM, and Contemporary Praise Worship at 11:00 AM. This will afford us the opportunity to not only have Sunday School classes at a time convenient for those who attend either worship service, but will hopefully lead to opportunities for classes to grow and for attendees of the different worship services to fellowship and learn together through the great Wesleyan tradition of small groups and Sunday School classes. Growth. New life. New friendships. What a great way to celebrate the Lenten season!

May the Lord bless us in our personal growth and may One Spirit continue to grow and serve. That is my joyful prayer this Lenten season!

Blessings and Grace,  
Pastor Jeremey



Ash   
Wednesday

**March 1  
7:00 PM**



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### STAFF:

**Rev. Jeremey Lundergan**

*Pastor*

**Esther Marston**

*Director of Worship*

**Mike Butcher**

*Director of Grow*

**Erika Braun**

*Director of Youth Ministries*

**Rev. Margaret Banks**

*Pastoral Care Assistant*

*Director of Serve*

**Ruth Johnson**

*Office Manager*

*Director of Invite*

**Denise Cooper**

*Building Superintendent*

## New Worship Schedule

Beginning Sunday, March 5, 2017, we will have a new worship schedule. Traditional worship will be at 9:00 AM, Sunday School classes at 10:00 AM, and contemporary praise worship at 11:00 AM. Our hope is that by having Sunday School classes at a time convenient for those who attend either worship service, it will lead to opportunities for classes to grow and for attendees of the different worship services to fellowship and learn together.



## LENTEN HOLY WEEK: April 9 through April 16

### Palm Sunday, April 9:

**9:00 am Traditional Worship & 11:00 am Praise Worship**

A service featuring the final week of Jesus' life as we prepare our hearts for the pain of His Crucifixion and the joy of His Resurrection.



### Good Friday Worship, April 14: 7:00 pm

A worship service of reflection to consider the work of the cross; the true sacrifice of Jesus, the Christ, for all of humanity.



### Easter Egg Hunt, April 15: 10:00 am

Bring your children, grandkids, and neighbors for a fun Easter Egg Hunt for children up through 5th grade. (More information on the back page.)



### Easter Worship, April 16:

**9:00 am Traditional Worship & 11:00 am Praise Worship**

Christ is Risen! The Tomb is empty! Bring your friends and family for a Wonderful celebration of the Risen Savior of the World!

## The Youth Corner

The youth have been bowling and eating a lot of pizza this last month! For our next event we are going to be making Blessing Kits for homeless people around the city. We will assemble the kits during our next youth meeting. We would appreciate any donations from the congregation if possible. Please bring any donations to the baskets at the Missions Central area at church. Thank you for helping us do some good in our neighborhoods.

### BLESSING KITS:

**Small bottles of shampoo, body wash, mouthwash, and lotion.**

Deodorant	Toothpaste	Toothbrush
Bandaids	Chapstick	Bar soap
Small comb	Washcloth	Socks
Water bottle	Small pack of tissues	
Granola bars	Fruit snacks	

Much Love! Erika Braun (816) 914-1603

## CHURCH NEWS

Congratulations to **Esther Marston** who was named to the President's Honor List at MidAmerica Nazarene University for the Fall 2016 semester.

**WELCOME to Bryan Williams** who joined the church on February 5th during the Praise Worship service. We are happy to invite him into the fellowship of One Spirit.

THANK YOU to UMW and the congregation for donating over 300 individually wrapped snack items for the students of Westridge during the testing weeks.

### Leadership Board Meeting

The One Spirit Leadership Board will meet on **Friday, April 21 at 6:00 pm**. This is an open meeting and all members may attend and participate in discussions, however only board members can vote.

### Bible Basics Class Well Attended

Pastor Jeremey led a short 3-week class that covered some basic information about the Bible. It was an informal, ask-anything type of class with great participation in the class.

*Everyone is Invited to the Weekly Wednesday Fellowship Breakfast at 8:00 am. Delicious food and a short devotion.*

### Recycle Aluminum Cans & Inkjet Cartridges



**Facebook:**  
One Spirit United Methodist Church



**Email:**  
info@onespiritfamily.org



**Website:**  
www.bridgethegap.church

## United Methodist Women

UMW will meet on **Thursday, March 2 at 11:00 am** and will feature a speaker from Spofford. Alpha-One Circle will provide the meal. The in-gathering will be for Spofford: New sports water bottles, children's hygiene items (body wash, toothbrushes, toothpaste, deodorant, and vitamins).

In April, UMW will meet on **Thursday, April 6 at 11:00 am**. The program will be a Call to Prayer & Self Denial followed by a meal provided by Peace Circle. The In-Gathering will be for REAP.

The Executive Board will meet at 9:45 am before each general meeting.

## Methodism Class

Join Pastor Jeremey on **Sunday, March 12 at 10:00 am** in Higher Grounds for a short discussion on the beliefs and traditions of the Methodist denomination.

## UMW Rummage Sale April 26—29

The United Methodist Women's Rummage Sale will be on **April 26-29**. Bring your items on **April 24-25**. There will be collectibles, furniture, household items, clothes, tools, toys, books and miscellaneous items. Lunch will be served daily with soups, sandwiches and pies.

**The Rummage Sale hours will be:**

<b>8:00 am – 6:00 pm</b>	<b>April 26</b>	<b>Wednesday</b>
<b>9:00 am – 4:00 pm</b>	<b>April 27 &amp; 28</b>	<b>Thur. &amp; Fri.</b>
<b>9:00 am – 12:00 pm</b>	<b>April 29</b>	<b>Saturday</b>

**(Saturday will feature the \$1.00 Sack Sale)**

## New Pictorial Directory Coming Soon!!

It's almost time for a new One Spirit Pictorial Directory! Mark your calendars now for these important photography dates.

**Tuesday, May 2** 2:30 pm—8:45 pm

**Wednesday, May 3** 2:30 pm—8:45 pm

Sign-ups for portrait appointments will be available April 2, 9 & 16. Every family/household that is photographed will receive a complimentary 8 X 10 Custom Color Portrait from MyChurch Family Album and a directory. Additional portraits will be available for purchase at the time of the sitting but you're under no obligation.



**ONE SPIRIT  
UNITED METHODIST CHURCH**  
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## 6 Week Lenten Bible Study “Give Up Something Bad for Lent”

**Wednesday Evenings at 7:00 pm: March 8—April 12**

It's not too late to sign-up for the Lenten Bible Study. During Lent each year, Christians give up something as an act of sacrifice and spiritual discipline. Author James Moore challenges us to take it further—to give up something spiritually that we would be better off not doing. He invites all to seek God's help to focus on eliminating one habit or attitude that is destructive. Each session features a Scripture reference, a personal reading, questions for personal reflection or group study, and prayer. Call the church office for information.



**Children's Easter Egg Hunt**  
**Saturday, April 15 at 10:00 am**



Bring your kids, grandkids, and invite your neighbors to the One Spirit Easter Egg Hunt for children through 5th grade. Don't forget to bring your Easter Basket!!!

**CONGREGATION:** We need donations of **bags of candy or very small toys/trinkets**. A lot of goodies are needed for what we expect to be a large group of children. **No plastic eggs are needed.**



Be sure to “Spring Forward” on **March 12** when Daylight Saving Time begins.

### Caring Ministries

Caring Ministries will meet on **Saturday, March 18 at 10:00 am** at the church to make plans for Easter and again on **Saturday, April 8 at 10:00 am** to assemble bags/baskets for our shut-ins.